**Tiny Trails**

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* **Age buttons**
* **Play areas**
* **Importance of kids spending time in nature.**

1. **Navigation**
2. **Hero Image with Nature Quote**
3. **Three buttons – Play Areas, 0-4, 4-8, 8-12**
4. **Photo gallery that is really cool with people’s testimonials**

**Find A Hike**

**Suggested mileage for age**

1. **Play Areas**
   1. **South Fork Park**
   2. **Wayne Bartholomew Family Park**
   3. **Big Springs Hollow**
   4. **Hobble Creek Canyon/Jolley’s Ranch**
2. **Stroller hikes**
   1. **Dripping Rock Falls**
   2. **Bridal Veil Falls**
   3. **Provo River Trail**
   4. **Big East Lake**
3. **0-1 mile**
   1. **Grotto Falls**
   2. **Canyon Nature Trail**
   3. **Bonneville Shoreline**
   4. **Buffalo Peak Trail**
4. **1-2 miles**
   1. **Upper Quito Trail**
   2. **Dominguez Hill**
   3. **Canyon View Park Provo River Loop**
5. **2-3 miles**
   1. **Maple Canyon to Whiting Campground**
   2. **Timpanogos Lower Falls**
   3. **Lost Creek Falls Trail**
6. **3-4 miles**
   1. **Primrose Overlook via Horse Flat Trail**
   2. **Stewart Falls**
   3. **Big Springs hollow Loop**
   4. **Snow Gauging Trail**

'The outdoors offers limitless potential to young children. It becomes a place where they can go to relax their mind, to be inspired and to deep dive into the world of imagination. It's a place where they can design, create and explore. The possibilities are endless.' Angela Hanscom.

'We must teach our children to smell the earth, to taste the rain, to touch the wind, to see things grow, to hear the sun rise and night fall – to care.' John Cleal

'The mud will wash off but the memories will last a lifetime.'

'When children play in natural spaces, they’re far more likely to invent their own games than in more structured settings – a key factor in becoming self-directed and inventive adults later in life.' Richard Louv

'Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than we can ever learn from books.' John Lubbock.

'They’re not just playing in nature, they are: Learning, creating, sensing, believing, relaxing, exploring, observing, wondering, connecting, discovering, appreciating, understanding, experimenting…' Penny Whitehouse.

'Restore balance. Most kids have technology, school and extracurricular activities covered. It’s time to add a pinch of **adventure**, a sprinkle of **sunshine**and a big handful of  **outdoor play**.'  Penny Whitehouse